

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) The mother of a client with schizophrenia asks the nurse, "Is there anywhere I can go to talk to other parents of people with schizophrenia?" To which organization should the nurse refer this mother? 1) _____
- A) National Alliance for the Mentally Ill B) Parents of People with Schizophrenia
C) Alanon D) The United Way

Answer: A
Diff: 0 Type: MC

- 2) A teenaged female high school student has begun hearing voices that other people do not hear. Her personality seems to be changing. She is suspicious, and not as friendly as she was. Her parents are aware of this, but have not taken her to a psychiatrist for evaluation. When she recently sprained her ankle at a track meet, her parents took her to a physician immediately. As a nurse, how would you assess these different responses by the parents? 2) _____
- A) They might have a religious objection to taking her to a physician.
B) They fear the stigma of mental illness.
C) There is no reason to take her to a psychiatrist for these symptoms.
D) They do not realize that hearing voices is a symptom of mental illness.

Answer: B
Diff: 0 Type: MC

- 3) Which of the following is an example of secondary prevention of mental illness in which the nurse may participate? 3) _____
- A) Community mental health clinics B) Medication management programs
C) Drug abuse education D) Depression screening

Answer: D
Diff: 0 Type: MC

- 4) Using the Global Assessment of Functioning Scale, how would a nurse describe the 24-year-old mother who is unable to work, does not provide care for her children, and avoids contacts with friends or parents? 4) _____
- A) Some danger of hurting self or others
B) Inability to function in almost all areas of living
C) Major impairment in the areas of work, family relations, judgment, thinking
D) Moderate difficulty in social and occupational functioning

Answer: C
Diff: 0 Type: MC

- 5) Which of the following risk factors for the development of mental illness are modifiable, so that an observant nurse could have an impact on them? Select all that apply. 5) _____
- A) Genetic predisposition to mental illness
B) Inadequate coping skills
C) Hopelessness
D) Lack of information about treatment options

Answer: B, C, D
Diff: 0 Type: MC

6) The nurse would expect which of the following behaviors most likely to be demonstrated by mentally healthy people? 6) _____
A) Avoidance of conflict
B) Call in to work as sick in order to take care of personal business.
C) Rarely be absent or tardy for work.
D) Refusal to compromise when they are sure they are right.

Answer: C
Diff: 0 Type: MC

7) An adolescent client is diagnosed with depression. When the client asks the nurse "Am I crazy?" what is the best response by the nurse? 7) _____
A) "Well, you have a mental illness."
B) "Yes, but with a relatively minor mental condition."
C) "You will have to ask the psychiatrist."
D) "No, you have a treatable mental disorder."

Answer: D
Diff: 0 Type: MC

8) When a nursing student tells a fellow student "I had a crazy client in clinical," what is the fellow nursing student's best response? 8) _____
A) "Let's not call people 'crazy.' Tell me about your client."
B) "What made the client crazy?"
C) "Let's change the subject."
D) "You are so rude and insensitive. Never talk about a client like that again!"

Answer: A
Diff: 0 Type: MC

9) How would the nurse anticipate that a mentally healthy person, who is capable of abstract thinking, would interpret the proverb "Don't put the cart before the horse"? 9) _____
A) "A horse is more important than a cart."
B) "Do not set a cart in front of the horse, as the horse will be frightened and run."
C) "Do not plan for the consequences of a situation until the situation has actually occurred."
D) "The cart should not lead the horse."

Answer: C
Diff: 0 Type: MC

10) Which of the following does the nurse recognize is a significant cause of homelessness of the mentally ill? 10) _____
A) Deinstitutionalization
B) The fact that mentally ill people often enjoy the freedom of living outside
C) The view of mentally ill people as criminals
D) The movement to treat people with psychotropic medications

Answer: A
Diff: 0 Type: MC